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Book Review and Awards Announcement

BennettKnepp Publishing's Recently Released STUNNED by Grief Book Garners Starred Review in Library Journal and Finalist Honors in USA "Best Books 2011" Awards

Lake Forest, CA – (November 22, 2011) – [BennettKnepp Publishing's](#) recently released book, *STUNNED by Grief*, garnered a starred review in *Library Journal*. The reviewer writes: "This book will comfort and support anyone new to grief and will serve as a companion in times of loneliness. Realistic, practical, and highly recommended." To read LJ's complete review from November 15, 2011, see [Library Journal](#).

Author Judy Brizendine's debut books, *STUNNED by Grief* and *STUNNED by Grief Journal*, have also captured Finalist honors in the USA "Best Books 2011" Awards sponsored by USA Book News. *STUNNED by Grief* was honored as an Award-Winning Finalist in the Self-Help: General category, and *STUNNED by Grief Journal* earned Finalist honors in the Self-Help: Journals & Quotes category.

Jeffrey Keen, President and CEO of USA Book News, said this year's contest yielded an unprecedented number of entries. Over 500 winners and finalists were announced in over 140 categories covering print, e-books and audio books. Keen says of the awards, now in their ninth year, "The 2011 results represent a phenomenal mix of books from a wide array of publishers throughout the United States."

BennettKnepp's *STUNNED by Grief* books present a fresh approach to grief, a universal subject that is often misunderstood, even though the word is well-known. From the design and format of the books to their interactive components and down-to-earth approach, each element was tailored to address the special needs and constraints of people who are grieving. Brizendine's concept, [Remapping](#), outlines the grieving process in a simple, practical way so grievers can readily see what is needed to reach a full and reconnected life.

According to Rev. Dr. Naomi Paget, BCC, Board Certified Expert in Traumatic Stress, "Every crisis interventionist, chaplain, and spiritual care provider will benefit from the personal experience, the practical helps, and the purposeful direction provided within the inspirational pages of this journey of hope."

STUNNED by Grief Journal can be used as a standalone recovery tool or in tandem with *STUNNED by Grief*. Describing the journal, Billy E. Mauldin, Jr., President and CEO, Motor Racing Outreach wrote, "The *STUNNED by Grief Journal* Judy has constructed will guide you along this journey, asking the right questions and challenging you with relevant thoughts and insights from her personal experience ... from beginning to new beginning."

[STUNNED BY GRIEF: Remapping Your Life When Loss Changes Everything](#)

- \$18.95
- Trade Paper, 296 pgs.
- Bibliography, Index
- ISBN-13: 978-0-9831688-1-2

[STUNNED BY GRIEF JOURNAL](#)

- \$16.95
- Trade Paper, 224 pgs.
- ISBN-13: 978-0-9831688-0-5

About the Author: Judy Brizendine is committed to focusing attention on grief—and changing the way people view one of life's toughest unavoidable experiences.

Distributed by Small Press United (through [Independent Publishers Group](#)) in the U.S. and Canada. Books are on the shelves of selected bookstores, and can be ordered through any bookstore, [ipgbook.com](#), [stunnedbygrief.com](#), Amazon, BN.com, and other online retailers.

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