



FOR IMMEDIATE RELEASE

Book Award Announcement

BennettKnepp Publishing's Recently Released STUNNED by Grief Books Win Awards

Lake Forest, CA – (November 7, 2011) – [BennettKnepp Publishing's](#) recently released titles by author Judy Brizendine captured Finalist honors in the USA "Best Books 2011" Awards sponsored by USA Book News. STUNNED by Grief was honored as an Award-Winning Finalist in the Self-Help: General category, and STUNNED by Grief Journal earned Finalist honors in the Self-Help: Journals & Quotes category.

Over 500 winners and finalists were announced in over 140 categories covering print, e-books and audio books. Jeffrey Keen, President and CEO of USA Book News, said this year's contest yielded an unprecedented number of entries. Keen says of the awards, now in their ninth year, "The 2011 results represent a phenomenal mix of books from a wide array of publishers throughout the United States."

[BennettKnepp's](#) STUNNED by Grief books present a fresh approach to grief, a subject that is timeless, but often misunderstood and avoided. From the design and format of the books to their interactive components and down-to-earth approach, each element was tailored to address the special needs and constraints of people who are grieving. Brizendine's new concept, [Remapping](#), outlines the grieving process in a simple, practical way so grievers understand that it is doable and a full and reconnected life is possible.

According to Rev. Dr. Naomi Paget, BCC, Board Certified Expert in Traumatic Stress, "Anyone who has experienced a critical incident in life – death, disasters, disappointment – has experienced the feelings of perceived loss and the resulting grief. STUNNED by Grief gives voice to the grieving person through awareness – empathetic, insightful, and hopeful."

[STUNNED by Grief](#) is a story of triumph and hope. Describing the book, Billy E. Mauldin, Jr., President and CEO, Motor Racing Outreach wrote, "Judy has opened her life to us all and her transparency provides insights and direction that will stir new hope within you, and encourage and inspire you to move forward step-by-step with each new day. I believe STUNNED by Grief is going to be a tremendous resource to many people."

[STUNNED BY GRIEF: Remapping Your Life When Loss Changes Everything](#)

- \$18.95
- Trade Paper, 296 pgs.
- ISBN-13: 978-0-9831688-1-2

[STUNNED BY GRIEF JOURNAL](#)

- \$16.95
- Trade Paper, 224 pgs.
- ISBN-13: 978-0-9831688-0-5

About the Author: Judy Brizendine is committed to focusing attention on grief—and changing the way people view one of life's toughest unavoidable experiences.

Distributed by Small Press United (through [Independent Publishers Group](#)) in the U.S. and Canada. Books are on the shelves of selected bookstores, and can be ordered through any bookstore, [ipgbook.com](#), [stunnedbygrief.com](#), Amazon, BN.com, and other online retailers.

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Contact: Judy Brizendine

949.281.6933 x801

jbriz@bennettknepp.com